

May 2010

Volume 4, Issue 4

Wings Over History



GWRRRA – CEO, COB, FOUNDER
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APPALACHIAN REGION N
REGION DIRECTORS
FRANK & KATHY ALBERT
www.region-n.org



VIRGINIA DISTRICT DIRECTORS
PAT & KATHY HASIAK
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Join Chapter W for our
monthly chapter gathering
on the 2nd Tuesday of each
month at Pietro's Pizza
2601 Osborne Road
Chester, VA
(Jefferson Davis Highway –
Route 301 – just south of
Route 288)
Eat at 6:00 p.m.
Meet at 7:00 p.m.

Gold Wing Road Riders Association – Appalachian Region “N” Chapter W – Chester, Virginia

www.gwrrava-w.org



Chapter Director's Corner

This is a little story about four people named Everybody, Somebody, Anybody, and Nobody.

There was an important job to be done and Everybody was sure that Somebody would do it.

Anybody could have done it, but Nobody did it.

Somebody got angry about that because it was Everybody's job.

Everybody thought that Anybody could do it, but Nobody realized that Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

What's the point? Chapter W is at a crossroads and YOU can help make the decision whether or not to make a left or right turn.

We need your input, your enthusiasm, your ideas and your help! There's planning to do for the July Poker Run (could use 12-15 pairs of hands to help out here), there's a calendar that's lookin' pretty sparse (anyone interested in becoming Ride Coordinator?). Then there's OCP training coming up at the end of July – remember, current officers must complete the course by end of this summer and anyone stepping into the posts of Chapter Director, Assistant Chapter Director, etc. come January 1, 2011 – must complete the course prior to appointment.

Everybody is welcome to become a somebody. Anybody interested?

~Ed & Mary Kay



TOM BERNARD—CELL # 540-315-0185 HOME # 540-382-8840
ADDRESS 630 TOWER ROAD, CHRISTIANSBURG, VA 24073

GOLDWING----2001 BLUE, JUST UNDER 54000 MILES. TO MANY EXTRA'S TO LIST, DOES HAVE CB, 6 DISK CD PLAYER, CONNECTION FOR MP3 PLAYER OR GPS. NEW BACK WHEEL AND TIRE, GOLDWING COAT WITH LINNER, GOLDWING GLOVES. 2 HELMETS WITH HEAD SETS. HAVE ADVERTISED FOR \$12,500.00 WILL DISCOUNT TO SOMEONE IN YOUR GROUP.

2 NEW WINDWARD CAMPERS, KING SIZE BED, WITH 6' X 6' SITTING AREA. 23 CUBIC FOOT OF STORAGE SPACE, THAT YOU CAN GET TO WHILE GOING DOWN THE ROAD OR AFTER IT IS SET UP. WEIGHT IS 344# CAN BE PULLED BY MOTORCYCLE OR ANY VEHICLE. STORAGE SPACE IS CARPETED, THEY COME WITH SPARE TIRE AND SPARE TIRE COVER, COOLER WITH COVER.

WE CLOSED WINDWARD CAMPERS DOWN, SO THESE WILL COME WITH MANY EXTRAS, COVERS, PARTS ETC. PLUS SINCE WE LIVE HERE THEY WOULD HAVE MORE THAN THE NORMAL YEAR WARRANTY. THEY SELL FOR \$5,000.00 EACH WE WILL OFFER DISCOUNT TO ANYONE IN YOUR GROUP. 10% = \$500.00 SELL FOR \$4,500.00.

NOTES FROM NATIONAL

PRESS RELEASE

RELEASED FROM: Phoenix, Arizona

RELEASE DATE: April 19, 2010

SUBJECT: **GWRRRA NAMES NEW DIRECTOR**

MIKE STIGER NAMED DIRECTOR OF THE GOLD WING ROAD RIDERS ASSOCIATION

Phoenix, AZ – Mike Stiger has been named Director of the Gold Wing Road Riders Association (GWRRRA). The announcement was made by Paul Hildebrand, Founder, CEO and Chairman of the Phoenix-based motorcycle association. Mr. Stiger has held many positions in the Association with the latest being the Director of Rider Education and has been a Member since 1997.

Mike states, "Lori and I are honored to have been asked by Paul Hildebrand, Founder and CEO of GWRRRA, to be your new Director of GWRRRA. Since joining GWRRRA in 1997, the Association has been a wonderfully fun experience. Having a social network of friends to share our love of motorcycling has been very rewarding, and educational."

Mr. Hildebrand goes on to state that Melissa Eason, former Executive Director, has been promoted to Chief Operations Officer at GWRRA. Both Melissa and Mike report to Paul Hildebrand, CEO, regarding their duties and objectives. Melissa and Mike will continue to work together for the betterment of our membership. Congratulations to both Melissa and Mike on their promotions.

Founded in 1977, the Gold Wing Road Riders Association is the largest single marquee motorcycle organization in the world, with 72,000 Members in 52 countries. Our motto is *"Friends for FUN, Safety and Knowledge."* The Home Office is at 21423 North 11th Avenue, Phoenix, AZ 85027, the phone number is 800-843-9460 or 623-581-2500 and their website is www.gwrro.org.

Paul Hildebrand, CEO, COB, Founder
800-843-9460 / paulh@gwrro.org

Mike Stiger, Director
517-420-4535 / Director@gwrro.org

Melissa Eason, COO
800-843-9460 / maeason@gwrro.org

Edward Price, Marketing Director
800-843-9460 / eprice@gwrro.org

"No Phone Zone"

GWRRA is pleased to announce it will be participating in the "No Phone Zone" Program as seen on the popular Oprah program. One of GWRRA's Chapter Rider Educators from Chapter D-2 in Indiana, Dave Williams, suggested we try to get as many GWRRA Members, as well as non-Members, to sign the "No Phone Zone" pledge.



The pledge merely states that you will not drive a vehicle while texting or use a cell phone, and that you will encourage others to not talk on a cell phone or text while driving. Or, you will use a hands-free device while driving. It also states that if you must use a cell phone while driving you will safely pull over to the side of the road.

This Program will be run under GWRRA's Rider Education Program, specifically the Motorist Awareness Division. Charles Mallett, MAD Director, will oversee the Program and coordinate it through all our Rider Educators, as well as all the other divisions.

GWRRA's goal is to get 100,000 pledges signed. This Program has all ready begun and will continue at Wing Ding 32 in Des Moines, Iowa. Please contact Charles at rideaware@yahoo.com to sign up to help get pledges at your events. The more events that have the pledges for our Members and guests to sign, the faster we can reach our goal and maybe be on Oprah representing GWRRA!

Thank you Dave and Charles and the folks who are going to support this lifesaving program!

NOTES FROM REGION N

The Region “N” Rally season started off with a great one in Tennessee and the season looks to be shaping up into a year to remember. Next month, West Virginia gets to showcase its “Down Home” rally with a pirate theme! It should prove interesting to see who shows up with new beards, ear rings and wench outfits; Arrrrr...

The next round of Officer Certification in Region N takes place in Morganton, NC on May 15th and in Burke, VA on May 21st. If you are having an issue getting into a class, call your District Trainer to find out where one may be scheduled, even in another District or Region. Plus, the OCP will be conducted at Wing Ding this year on Monday and Tuesday, June 28th and 29th. In any case, your District Trainer can help you get into one as soon as possible. Those members in Region N that have successfully completed the OCP have given repeated praise to its content, its presentation, its timing and wish they had taken it sooner! Speaking of Wing Ding, Region N will be in charge of the Bike Show and On-Site Registration. Watch for more information this month from your District Directors on where you can help the Region make the Rally a success for everyone.

Well, May is National Motorcycle Awareness Month and from the articles so far in this issue, we’ve covered it fairly well. It would be a waste of the rest of the year if we don’t concentrate each month, each time we’re out riding, on motorcycle awareness.

Just because the weather turns cooler or even bad, like the heavy rains recently, we are still vulnerable on our bikes and are hard to be seen. Please take the time to evaluate the clothing you wear, the style you use when riding and the surroundings as you drive your bike. Motorists are not watching for you; of that you can be sure. Recent crashes in Region N have resulted in deaths of GWRRA members and we have to do all we can to train the 4-wheel public to watch out for us and for us to be on the defensive as we ride.

You’ll notice we have a new Director of GWRRA; Mike and Lori Stiger have taken the reigns and are off to a great start! Melissa Eason is still with us; she is the Chief Operating Officer of the Association and will remain in the Phoenix Office. When you get a chance, drop Mike and Lori an email of congratulations as they take on the big job of keeping us all straight! Contact them at wstiger@dmci.net. Also, Gene and Betty Knutson, former Region N Educators, have been appointed as the National Directors of Rider Education! Region N does it again! Drop them an email of congratulations at fop4051@gmail.com.

Thanks to all who participate in our raffles for hotels and registrations. All but one of the winners were present at Spring Fling when we drew tickets. We greatly appreciate your participation and efforts.

Well, I think we’ll close this article with another quote from Warren G. Bennis; [Leadership is the capacity to translate vision into reality.](#)”

Frank and Kathy Albert
Appalachian Region N
Region Directors

NOTES FROM VIRGINIA DISTRICT

“Wingin’ Across the USA”

2010 Rally In The Valley® Logo Contest

WHAT ARE THE GUIDELINES FOR SUBMITTING AN ENTRY?

1. Limit of 6 colors;
 2. Colors should be clearly identified;
 3. Logo does not have to be professionally designed or to perfect scale;
 4. The name "Rally In The Valley ®" has to be part of the design;
 5. A Gold Wing motorcycle has to be part of the design;
 6. GWRRA Logo should be included somewhere
 7. Include dates October 7-9, 2010
 8. Include Salem, VA
- (Electronic copies in color can be submitted as well as hard copy entries)

WHO CAN ENTER?

All VA GWRRA Members (including District Staff Members)

WHAT DOES THE WINNER RECEIVE?

Winner will be recognized at the 2010 Closing Ceremonies with:

2 Free Registrations for the 2010 RITV

\$100 cash

2 free RITV shirts

All entries have to be received no later than 28 May 2010.

E-Mail to:

vadd@comcast.net

or mail to:

Pat & Kathy Hasiak

GWRRA VA District Directors

13722 Mellowdew Court

Dale City, VA 22193

Officers Certification Program (OCP) Synopsis:

In 2010, GWRRA rolled out a new Officer Certification Program (OCP) designed to satisfy our members' wants and to breathe new life into our organization. The program responds to an overwhelming member desire for a similar approach to running the operations of our chapters, districts, and regions, across all of the Association. GWRRA's response to this call from our members is through officer training. Also, by running the organization better, through consistency and a system of processes that fit together, we can retain more members and attract new members to a truly great motorcycle association. Consequently, the National Leadership Training Division (LTD) prepared a 1 ½ day officer training course for primarily Operations and Leadership Officers. We have until 31 August 2010 to implement and train our current Operations Officers. All current Leadership Officers have been certified. New Operations and Leadership Officers will have to complete the course prior to appointment. Officers, who plan to remain in officer positions for more than a year past their original OCP certification, must remain "current" by attending an OCP Update at the Annual District Officers' Meeting.

Currently, the course is open to all members on a “space-available basis” to allow our current, in-place Operations Officers ample opportunity to complete the OCP this summer. Everybody, who wants to attend, must pre-register so we can keep track of seating and procure books and materials. In other words, you can’t just show up on the day of the course. In the first two OCPs offered in Virginia this year, the space-available list was cleared, and all members, who registered, did attend and did successfully complete the course.

All members will find the course interesting, in that “How GWRRA Is To Be Run,” is completely revealed, from policies to procedures. This is not “How to run a meeting or social gathering,” but instructs “officership” and how to run the Association from a higher-level organization and business perspective.

The majority of the seminars address the Officers Handbook directly, which are presented and discussed on the first day. The second day’s seminars are from the LTD Advanced Leadership Seminars series.

OCP Presentations:

10 Modules: Officers Handbook

5 Modules: Advanced Leadership Training Seminars

Module Titles:

1. OCP Introduction
2. MOU, Confidentiality, Oath of Office
3. Structure and Organization
4. Chapters, Chapter Team, Web Pages
5. Religion, Politics, and Fundraising
6. Finances and the IRS
7. Membership, SIGs, Newsletters, ARL, COY and CHOY Programs
8. Marks, Logos, Patches, Alcohol Policy and Property
9. Standards of Conduct, Grievances, and Officer/Member Misconduct
10. Expectations for Region and District Directors
11. GWRRA Team Building
12. Staffing for Team Success
13. Stress and Time Management for the GWRRA Officer
14. Managing Conflict and Problem Resolution for the GWRRA Officer
15. Defining and Achieving Goals

The course allows time for questions and answers, and instructors will discuss issues in great detail during the breaks, as asked. Participants have time to build friendships and have fun through four interesting “Team Building Exercises,” which also help to increase “blood flow” throughout the day and a half. The course has scheduled breaks, too. Participants sign in at 7:30 AM each day. Saturday’s agenda includes a one-hour lunch. Saturday’s class ends at 6 PM, and Sunday’s class ends at 2 PM. Coffee, ice, and cups are provided. Members bring their own snacks. Members dress in chapter colors and/or GWRRA vests, as they desire.

Members take a Knowledge Exercise on Sunday morning consisting of 22 questions pulled from the Study Guide. You need to score 80 out of 110 possible points to become a Certified Officer. (Basically, you can miss 6 and still pass.) We know it’s been a long time for some of us since we took a test, and some of us simply aren’t good test takers. If anyone wishes to take the Knowledge Exercise orally rather than written, we can do that, no questions asked. Just let us know in advance. We’ll handle it privately and with complete discretion. We have done this for several Members, and no one ever knows. We’ll work with you and make it happen in the most comfortable way for you.

The next two OCPs in Virginia, before the 31 August deadline, are 22 – 23 May 2010 in Burke, Virginia, and 31 July – 1 August 2010 in the Richmond, Virginia, area. Registration for the Burke course closes Friday evening, 7 May. Registration closes for the Richmond course on 9 July. Of interest, the OCP will be offered on the two days prior to Wing Ding 32 in Des Moines, Iowa, by the National LTD Directors and staff. After 31 August, Virginia will offer the OCP periodically through the year at various locations in Virginia so new officers can complete the course prior to their Appointment.

CHAPTER W'S OWN 2010 CHAPTER COUPLE



Bill Martyn and Jennifer Knight

MOTHERS

Real Mothers don't eat quiche; they don't have time to make it.
Real Mothers know that their kitchen utensils are probably in the sandbox.
Real Mothers often have sticky floors, filthy ovens and happy kids.
Real Mothers know that dried play dough doesn't come out of carpets.
Real Mothers don't want to know what the vacuum just sucked up....
Real Mothers sometimes ask 'Why me?' and get their answer when a little voice says, 'Because I love you best..'
Real Mothers know that a child's growth is not measured by height or years or grade...
It is marked by the progression of Mommy to Mom to Mother.....

The Images of Mother

4 YEARS OF AGE - My Mommy can do anything!
8 YEARS OF AGE - My Mom knows a lot! A whole lot!
12 YEARS OF AGE - My Mother doesn't know everything!
14 YEARS OF AGE - My Mother? She wouldn't have a clue.
16 YEARS OF AGE - Mother? She's so five minutes ago.
18 YEARS OF AGE - That old woman? She's way out of date!
25 YEARS OF AGE - Well, she might know a little bit about it!

35 YEARS OF AGE - Before we decide, let's get Mom's opinion.
45 YEARS OF AGE - Wonder what Mom would have thought about it?
65 YEARS OF AGE - Wish I could talk it over with Mom...

The beauty of a woman is not in the clothes she wears, the figure
she carries, or the way she combs her hair..
The beauty of a woman must be seen from in her eyes,
Because that is the doorway to her heart, the place where love resides.
The beauty of a woman is not in a facial mole,
But true beauty in a woman is reflected in her soul.

It is the caring that she lovingly gives, the passion that she shows
and the beauty of a woman with passing years only grows!



RIDER EDUCATION NOTES –from Linda Carlyle

It's that time again – let's ride prepared



TOPIC: Warm Weather Worries

Motorcycle riding is an activity that takes all of us outdoors. For many of us, the riding season is comprised of summer with some spring and some fall periods. For others, the best riding times are during the spring and fall seasons due to excessive heat in the summer months. For all of us, we are likely to be riding in hot weather at least some part of the year. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe? Let's review some warm weather riding tips.

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. They are worth considering. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

Third, remain aware of your own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your internal temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the principal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other early warning symptoms include confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time. It will help bring your body temperature back down.

With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

Ride Smart & Be Safe!

Bruce & Melissa Thayer
Former MI Asst. District Rider Educators

THE MEN'S RIDE ! ! ! !



everyone.

It's been such a hit, once again there will be a "Men's Ride". This event will take place on Friday, **May 14th through Monday, May 17th**. Everyone will meet at **Frisbees Restaurant in Powhatan at 6:00 AM sharp**. This time it will be for breakfast and then leave afterwards. If you have a computer, then confirm you are going by emailing lindaredwing@comcast.net with your name and phone # or call 652-9520 (Linda) or 651-9128 (Glen) to confirm so we will know how many are going and make plans to accommodate



May Birthdays

- 1st – Dave Wagner
- 12th – Bill Martyn
- 14th – Carla Culley
- 15th Jane Bennett
- 15th – Jim Snoke
- 26th - Glen Harris

May Anniversaries

19th – Dave & Lois Nicols

GWARRA Anniversaries

Bill Martyn – Member since 2002

STAFF CONTACTS

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Darlene Jordan	Sunshine Girl	804-427-6346/804-218-4466	Stevedarn317@aol.com

MAY/JUNE/JULY CALENDAR

- May 11 Chapter W's regular monthly gathering – Pietro's Pizza – Eat at 6 PM; Meet at 7 PM
May 13-17 3rd Annual Men's Only Ride (aka Glen & Teddy's Great Adventure)
May 25 Chapter Staff Meeting – Ed & Mary Kay's House- Eat at 6 PM; Meet at 7 PM
- June 8 Chapter W's regular monthly gathering – Pietro's Pizza – Eat at 6 PM; Meet at 7 PM
June 22 Staff Meeting – Place TBD – Eat at 6 PM; Meet at 7 PM
TBD Ride to Crystal Caverns – Hupps' Hill – 33231 Old Valley Pike, Strasburg, VA 22657
TBD Virginia Diner – Lunch or Dinner
- July 13 Chapter W's regular monthly gathering – Pietro's Pizza – Eat at 6 PM; Meet at 7 PM
July 10 Poker Run – White Bank's Park, Colonial Heights
July 27 Staff Meeting – Place TBD – Eat at 6 PM; Meet at 7 PM

Bike Night at River City Diner is back! They are held every 4th Friday of the month (not always the last Friday, now) from 6-10 pm. (That would be May 28, June 25, July 23, August 27). A portion of the sales from all meals goes to charity. The address is: The Shoppes at Bellgrade – 11430 West Huguenot Road – 897-9518.