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VIRGINIA DISTRICT DIRECTORS
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Join Chapter W for our monthly
chapter gathering on the 2nd
Tuesday of each
month at Pietro's Pizza
2601 Osborne Road
Chester, VA
(Jefferson Davis Highway –
Route 301 – just south of
Route 288)

Gold Wing Road Riders Association – Appalachian Region “N” Chapter W – Chester, Virginia www.gwrrava-w.org



Recipe for Christmas All Year Long

Take a heap of child-like wonder
That opens up our eyes
To the unexpected gifts in life—
Each day a sweet surprise.

Mix in fond appreciation
For the people whom we know;
Like festive Christmas candles,
Each one has a special glow.

Add some giggles and some laughter,
A dash of Christmas food,
(Amazing how a piece of pie
Improves our attitude!)

Stir it all with human kindness;
Wrap it up in love and peace,
Decorate with optimism, and
Our joy will never cease.

If we use this healthy recipe,
We know we will remember
To be in the Christmas spirit,
Even when it's not December.

By Joanna Fuchs



RIDER EDUCATION NOTES –from Linda Carlyle



Winter Blues

If you're not an avid cold weather rider, then winterize your bike/bikes. Make sure they stay charged and start them every now and then to run the oil through the bike.

You can always sign up for a Rider Seminar and watch a video or two. Make sure if you ride to layer and take short trips and a lot of breaks. There are still meetings to attend and plans to be made with fellow riders who want to stay warm. I know a lot of women who would rather ride in a car and turn the heat way up and watch the others having fun on the bike/trike and be a little colder. If you have injuries or surgeries, the cold is not the place you want to be. At our age, arthritis likes to set in so keep warm until Spring, and then enjoy the nice weather. Some surgeries or injuries take up to a year to heal so don't just jump back in. Start out slow and then increase your distance.

If you haven't signed up for Wingless Weekend, make sure you do. It will be back in the Richmond area and everyone had a great time last year.

Rider Ed can always use door prizes so if you get something for Christmas that's not really 'you', don't put it away, donate it. Those clearance items after Christmas . . . what a deal!

Remember to always ride your ride in your comfort zone. Ultimately, you are responsible for you!

Remember, keep the sunny side up





MEMBERSHIP ENHANCEMENT NOTES

December Birthdays

Sheila Bowles – December 10th
Teddy Johnson – December 11th
Dave Nichols – December 26th

December Anniversaries

Cecil & Sharon Glass – December 19th



New Year's Day Ride



**Destination: The County Seat Restaurant
3883 Old Buckingham Road - Powhatan, VA 23139-7020**

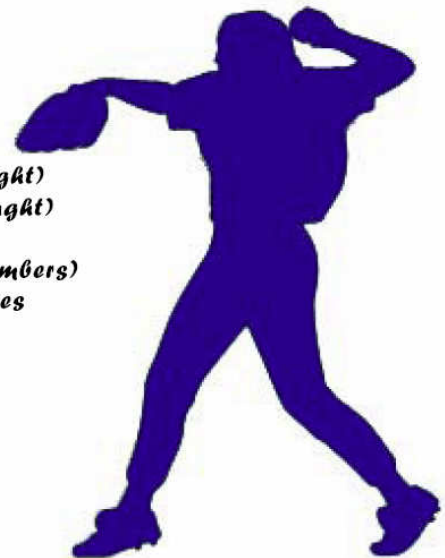
**Meet at: Breckenridge Shopping Center – Martin's Parking Lot
(Routes 1 & 10)
Stands Up at 8:00 AM
Breakfast at 9:15 AM**



GOLDWING ROAD RIDERS ASSOCIATION PRESENTS



WINGLESS WEEKEND



FRIDAY & SATURDAY FEBRUARY 17-18 2012

HOSTED BY THE VIRGINIA DISTRICT

ATTIRE - SPORTS UNIFORMS & CLOTHING

Come and join the FUN

Friday

Registration 6 – 8:30 pm

Social Time

Theme Contest:

Best Dressed – Male (Home made & Bought)

Best Dressed – Female (Home made & Bought)

Best Theme Dressed – Chapter*

Best Performance (Must have at least 4 members)

Ice Cream Social following performances

Saturday

Registration 8 am – 12 Noon

Seminars

Chapter Competition Games

Hospitality Room

Evening Dinner

Entertainment/Dancing 50/25/15/10

Crowne Plaza Hotel, 6531 West Broad St, Richmond VA

(877) 227-6963 / (804) 285-9951

Mention GWRRA when making room reservations

Rooms blocked until February 6, 2012; Room rate \$72 per night single/double

Registration Fee: \$32 per person; \$12 under age 12; FREE under age 2

\$35 for non-GWRRA members; Saturday Day Pass \$10

Pre-Registration due by February 1, 2012

Christmas

Find and circle all of the Christmas words that are hidden in the grid.
The remaining letters spell a secret message.

E N A C Y D N A C H T A E R W S S
T H I S S N O I T A R O C E D H Y
E G G N O G M E H E L H T E B E O
G I F T S F R U I T C A K E T P T
R E G N A M H F R I E N D S F H S
S L T R E E I E C S C S R R S E E
T S H N E G A S A A E A A A T R J
H A R A S E N N T L N N R A T D E
G I E G S E T I C L K D K O G S S
I T E G L A K I K I E S L O L T U
L T W O B E C A N C O T L E N S S
F E I B E I I C L G O D O E S N J
A S S O L L E R A F C T M E M O O
M N E T L N B N B N W A S Y A W S
I I M T S O G A B A N O R E R M E
L O E E J E O L T R G R N D Y A P
Y P N Y L L O H O S H L Y S S N H

ANGEL
BELLS
BETHLEHEM
CANDLES
CANDY CANE
CAROLS
DECORATIONS
EGGNOG
FAMILY
FRANKINCENSE
FRIENDS

FRUITCAKE
GABRIEL
GIFTS
GOLD
GREETING
CARDS
HOLLY
ICICLES
JESUS
JOSEPH
LIGHTS

MANGER
MARY
MISTLETOE
MYRRH
ORNAMENTS
POINSETTIA
SANTA
SHEPHERDS
SKATES
SLEIGH

SNOWFLAKES
SNOWMAN
STABLE
STAR
STOCKING
THREE WISE MEN
TOBOGGAN
TOYS
TREE
WREATH